// Sending object using intent

ObjectClass object = new ObjectClass();

Object = getData();  
 Intent intent = new Intent(context, Dashboard.class);  
 intent.putExtra("data", (Serializable) Object);  
 startActivity(intent);

// Getting Data in Different Activity

Object = (ObjectClass) getIntent().getSerializableExtra(“data”);

//MOdel should implement Serializable

Class ObjectClass implements Serializable{

String username;

String firstname;

}